

Part 4 — Settle

Months two to six: the systems test. This is where a stay becomes a life, or quietly fails to. None of it is urgent, which is exactly why it gets skipped.

- ☐ Default hospital/clinic chosen; direct emergency number saved in both phones
- ☐ Emergency drill done: numbers saved in both phones, card filled in
- ☐ Prescribing moved onshore with one regular doctor
- ☐ First fifty phrases deployed (out loud, same day, to strangers)
- ☐ Culture basics running: temper kept, face understood, altar respected
- ☐ Scam ladder read; phone habits set (back from kerb, bag traffic-away)
- ☐ Market/supermarket hybrid found; cleaner + laundry systems running
- ☐ Aircon serviced; wet season kit ready (dehumidifier, poncho, power banks)
- ☐ Tet plan made in advance (lean in, or travel; decided, not improvised)

The one with a deadline attached: Tet. The lunar new year moves every year and reorganises the country for a fortnight. Decide in advance — lean in, or travel. Improvised is the one option that does not work. Current dates: mylifestyle.au/vietnam/updates

Completed: _____ Date: _____ Reviewed with: _____

These checklists are drawn from *Vietnam from Day One — An Honest Relocation Guide*. Facts behind them were verified July 2026 and are maintained at mylifestyle.au/vietnam/updates. General information only — not legal, tax, medical or financial advice.